

NCERT Solutions For Class 7 Social Science (Civics)

CH 2 - Role of the Government in Health

1. In this chapter you have read that health is a wider concept than illness. Look at this quote from the Constitution and explain the terms 'living standard' and 'public health' in your own words.

An important part of the Constitution says it is the “duty of the State to raise the level of nutrition and the standard of living and to improve public health.”

Ans: The living standard is the level of facilities and luxuries available to the people in general in a country or a region or a society. Public health, on the other hand, is the wellness of the people in general in a region, be it a state or a country.

2. What are the different ways through which the government can take steps to provide healthcare for all? Discuss.

Ans: The different ways through which the government can take steps to provide healthcare for all are as follows:

- The government can increase the number of hospitals for better access to health facilities.
- The government can take steps to clean the surroundings.
- The government can provide better and healthy food and water to the people.
- The government can also provide care for pregnant women.
- Medicines should be available at low costs.
- The government can invest a lot in healthcare.

3. What differences do you find between private and public health services in your area? Use the following table to compare and contrast these.

Ans:

Facility	Cost of Service	Availability of service	Quality
Private	High	Easily Available	Good Quality
Public	Low	Not easily available	Appropriate Quality

4. 'Improvement in water and sanitation can control many diseases.' Explain with the help of examples.

Ans: Yes, improvement in water and sanitation can easily control many diseases as they are the prime source of the spread of diseases. Many diseases like cholera, dysentery, diarrhoea, etc. are caused by contaminated water and poor sanitation.

The diseases that the vast majority of people suffer from are due the food they eat or drink and due the nature of the environment they live in. Since clean water and sanitation facilities can help check these conditions, the spread of diseases can be easily stopped.